

Polk City Nursing and Rehabilitation

January 2019 Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 NEW YEAR'S DAY 10:00- Open Activities 2:00- Movie	2 9:30- Exercise 10:00- Resident Council 2:00- Bingo 3:00- Reminisce/ New Year Resolutions 4:00- Adult Coloring	3 9:30- Exercise 10:00- Crafts 2:00- Poker Club 3:00- Name that Tune 4:00- Uno	4 9:30- Exercise 10:00- Headbandz 2:00- Karaoke 3:00- Maid-Rites and Music 4:00- Crossword Puzzles	5 10:00- Bingo 2:00- Open Activities
6 10:00- Open Activities 2:00- Movie 6:30- Church Service	7 9:30- Exercise 10:00- Cooking Corner 2:00- Bingo 3:00- Jigsaw Puzzle 4:00- Ring Toss	8 9:30- Exercise 10:00- Church Service 2:00- Popcorn and Manicures 3:00- Homemade Ice Cream 4:00- Bowling	9 9:30- Exercise 10:00- Waffle Wednesday 2:00- Bingo 3:00- Book Club 4:00- Trivia	10 9:30- Exercise 10:00- Crafts 2:00- Poker Club 3:00- Find the Word 4:00- Farkle	11 9:30- Exercise 10:00- Chair Volleyball 2:00- Who am I? 3:00- Pizza Party and Music 4:00- Basket Basketball	12 10:00- Bingo 2:00- Open Activities
13 10:00- Open Activities 2:00- Movie 6:30- Church Service	14 9:30- Exercise 10:00- Cooking Corner 2:00- Bingo 3:00- Spelling Bee 4:00- Parachute and Music	15 9:30- Exercise 10:00- Sing A Longs 2:00- Popcorn and Hangman 3:00- Manicures 4:00- Balloon Tennis	16 9:30- Exercise 10:00- Devotions 2:00- Bingo 3:00- Book Club 4:00- Bean Bag Toss	17 9:30- Exercise 10:00- Music With Paul D. 2:00- Crafts 3:00- Jigsaw Puzzles 4:00- Farkle	18 9:30- Exercise 10:00- Monopoly 2:00- Adult Coloring 3:00- Happy Hour 4:00- Outburst	19 10:00- Bingo 2:00- Open Activities
20 10:00- Open Activities 2:00- Movie 6:30- Church Service	21 9:30- Exercise 10:00- Cooking Corner 2:00- Bingo 3:00- Sing A Longs 4:00- Memory Match	22 9:30- Exercise 10:00- Painting Rocks 2:00- Popcorn and Balloon Pop and Play 3:00- Manicures 4:00- Tumble Game	23 9:30- Exercise 10:00- Devotions 2:00- Bingo 3:00- Karaoke 4:00- Balloon Bat	24 9:30- Exercise 10:00- Crafts 2:00- Poker Club 3:00- Banana Split Party 4:00- Parachute and Music	25 9:30- Exercise 10:00- Make Fleece Blankets/ Daycare Center 2:00- Bean Bag Twister Trivia 3:00- Monthly Birthday Party 4:00- Boggle	26 10:00- Bingo 2:00- Open Activities
27 10:00- Open Activities 2:00- Movie 6:30- Church Service	28 9:30- Exercise 10:00- Cooking Corner 2:00- Bingo 3:00- Name that tune 4:00- Uno	29 9:30- Exercise 10:00- Reminisce 2:00- Popcorn and Movie 3:00- Manicures 4:00- Word Search	30 9:30- Exercise 10:00- Devotions 2:00- Bingo 3:00- Chair Volleyball and Music 4:00- Reading Poems	31 9:30- Exercise 10:00- Crafts 2:00- Poker Club 3:00- Hangman 4:00- Balloon Tennis	Resident Birthdays Laura- 15th Tina- 10th Aaron- 11th Donna- 31st Shannon-4th	Staff Birthdays Seo- 1st SaraFena- 10th